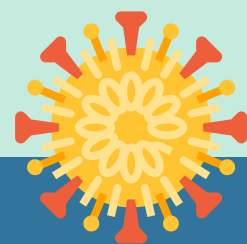


Reducing Plastic use During COVID-19



Sterile or Unsterile?

Is single use better? Not really

According to the Ministry of Health, there is no difference between clean reusable utensils and single use utensils. Washing in a dishwasher or with soap and water is ideal to kill the virus.

Single use plastics can leach chemicals that are considered dangerous to humans.



Bring Your Own!

When going out, reusables are safer & better!

Reusables are safe for takeaway food and drinks.

Glass and stainless steel are safest for both hot and cold items. If using stainless steel, choose food grade (304 or 316) marked 18/8 or 18/10. At the cafe, give the bartender a clean, dry cup with no lid.



Reusable Face Masks!

Investing for the long term

Reusable masks are approved by the Ministry of Health as a safe and acceptable alternative. Single use surgical masks are made of non-biodegradable plastic and don't have any advantage over reusable masks, which can be washed or soaked in hot water and reused repeatedly.



Gloves, Good or Bad?

Using single use gloves is not recommended

According to the Ministry of Health, using single use gloves in public is not recommended as they do not protect against transmission of the virus. Gloves are easily contaminated and can actually spread the virus.

